

A Bento Box is a home-packed meal of Japanese origin. Outside Japan, it is common in Chinese, Taiwanese, Korean cuisines, and Southeast Asian cuisines, where rice is a staple. A traditional Bento may contain rice or noodles, often with pickled and cooked vegetables. Containers are hand-crafted lacquerware. Japanese homemakers spend time and energy carefully preparing box lunches for their spouses, children, or themselves.



399

appetizer

前菜

Agedashi Tofu	(*) (D)	230gr
Delicately fried tofu tonned with	spring onion and spicy radish in	

Delicately fried tofu topped with spring onion and spicy radish in tempura sauce. Jain variant available

200gm _____ (0)Okonomiyaki

Japanese savoury pancake made with cabbage and a variety of condiments. A non egg variant available.

Rock Corn Tempura 210gm ----- 379

Batter-fried sweet corn tempura. Jain variant available

Kakiage Tempura 210gm ____

Kakiage are an assorted variety of vegetables dipped in batter and fried

Spiced Garlic or Salted Edamame (*) 175gm -----

Choice of spiced garlic or plain salted Edamame (Japanese Soy Beans). Salted Edamame is Jain friendly

Stirfried Eggplant 150gm -

Stirfried eggplant glazed with ginger and miso

Veg Gyoza / Mushroom Gyoza 349/369

Dumplings with minced vegetables or Mushrooms, steamed or pan fried, per your choice. Jain variant for Veg Gyoza available

Edamame Gyoza (new)

Edamame and Water Chestnuts. Steamed or pan fried

(*) (O) Tamago Yaki 399 6pcs — Sweet rolled Japanese omelette

Harumaki 160gm _____ 299

Crispy fried spring rolls with tofu and stuffing of julienned vegetables and glass noodles, a textural delight

80gm _____ 279 Kimchi Bowl

A side of spiced kimchi

soup

(*)Miso Soup

The classic Japanese miso soup served with wakame, green onion and tofu. Jain variant available

Dumpling Soup 170ml — - 329

Clear soup with Gyozas (vegetarian dumplings). Jain variant available

salads サラダ

Tofu Green Bean Salad		165gm ————	379
-----------------------	--	------------	-----

Crunchy, blanched green beans tossed with silken tofu and a flavourful dressing, lain variant available

Warm Mushroom Salad Warm mushrooms and fresh vegetables, sauteed with butter, tossed in

an ume dressing and served on a bed of lettuce

170gm — __ 249 **Japanese Potato Salad** Mashed potato salad with creamy mayo

Papaya Salad (new) 120gm——— 329 Raw papaya, carrot, peanuts, sweet & spicy sauce











all our bentos, except Japanese Katsu Curry are served with miso soup, pickles and fruit

add-ons/options: egg for ₹100

add-ons/options: egg for ₹100

all our donburis are mildly sweet, in keeping with the Japanese palette. Please ask our team for a savoury version







		200
bento box 弁当		
All Vegetables Bento Our Chef's special Bento - sweet corn rice, vegetables, Japanese potato salad, and spinach goma-ae. Jain variant available.	600gm	 799
Higawari Bento Today's Bento Box. Please ask for more details. Jain and vegan variants available	600gm	 769
Yaki Udon Bento / Fukuoka Bento Yaki Udon noodles, rock corn tempura, Japanese potato salad, and teriyaki eggplant. Jain variant available	600gm	 769
Teppanyaki Bento	600gm	 799
Garlic rice, veg gyoza, avocado salad, and pickled radish. Jain variant available		
Japanese Katsu Curry Bento Japanese curry served over a vegetarian Katsu, steamed rice with a side of avocado salad and pickled radish. This bento isn't served with Miso soup.	600gm	 799
donburi <mark>丼物</mark>		
Tofu Yasai Don Steamed rice with sautéed vegetables and tofu served with a miso soup, side salad, pickles and cut fruits. Jain variant available	500gm	 699
Teriyaki Donburi Steamed rice with sautéed vegetables in a teriyaki (sake, mirin, soy) sauce with miso soup, side salad, pickles and cut fruit. Jain variant available	500gm	 679
Tamago Don Runny home-style cooked eggs served over steamed rice with Chinese cabbage and shiitake mushrooms in our in-house sake, mirin and soy combination sauce, served with miso soup, pickle and cut fruit	500gm	 649
Vegetable Tendon Sticky rice served with vegetable tempura and teriyaki sauce. Accompaniments include miso soup, pickle and cut fruits	450gm	679
rice ご飯		
Katsu Curry Rice (new) Sticky rice served with warm Katsu Curry	400gm	 679
Gohan Plain, sticky white rice. Usually an add-on to other dishes	160gm	249
Japanese Fried Rice The classic fried rice with vegetables, prepared in a traditional, non spicy style. Jain variant available.	280gm	379
Omu Rice Platter Fried rice rolled in an omelette with lots of homemade ketchup, served with soup, cut fruits and pickles	400gm	 649
	400	C 40

soup, cut fruits and pickles **Edamame Fried Rice**

Omu Mushroom Platter

non-spicy style. Jain variant available.

Edamame beans wok tossed with vegetables and rice prepared in a traditional,

429 280gm -

649

400gm -

Egg Fried Rice

(4) (0)

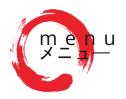
0

300gm -449

The classic fried rice with egg, prepared in a traditional, non spicy style

Mushrooms rolled in an omelette with ume dressing, served with





All Ramen preparations include Ramen noodles. We can serve them with your choice of Udon, Soba or Rice noodles upon request

add-ons/options: boiled egg ₹50

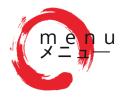




ramen & noodles 拉麺及び 麪類

ramen & nood	les 拉麺 及び 麪類		1)/////
Creamy Miso Ramen		420gm	629
•	a variety of vegetables. Jain variant ava	-	
Classic Miso Ramen		420gm ———	629
Ramen in a miso broth with a variety	of vegetables. Jain variant available		
Kimchi Ramen		420gm	649
Ramen in a moderately spicy miso br vegetables	oth, kimchi with a variety of		
TanTanmen Sesame flavoured broth served with		420gm ————	629
Gyoza Ramen Traditional Miso Ramen with steame	d vegetable gyozas. Jain variant availab	420gm ————————————————————————————————————	679
	platter with a Ramen bowl of your choi a side salad. Choose any Ramen from t		699
Yaki Udon Noodles Sauteed vegetables served with yaki	udon noodles. Jain variant available	420gm ———	489
Cold Soba Noodles	(\mathscr{Q})	255gm ———	429
Cold soba noodles served with a bold	d and strong mirin, sake and soy sauce	0	.23
Kimchi Nabe (on a burı	ner)	400gm ———	499
A hot pot consisting of assorted vege kimchi, in a spiced broth, served with	tables and tofu, seasoned with	Ü	
Curry Udon Noodles		420gm ———	499
Udon noodles served over a tradition	nal Japanese curry		
Stir-Fried Rice Noodles		420gm ———	499
Sauteed vegetables served with thin j	flat rice noodles. Jain variant available		
Hiyashi Tanuki Soba		400gm	449
Cold Soba noodles mixed with a tang pickles, wakame and spring onions.	gy sauce, topped with egg slivers, fresh An egg-free variant available		
Hiyashi Chuka		400gm ———	429
Cold Ramen noodles topped with our vegetables. Egg optional	r in-house sweet and sour sauce and		
desserts デザー	٢		
Dorayaki with Butter	(i)	120 gm	249
Pancake wrapped around a filling of	sweet adzuki bean paste, topped with b	butter	
Coconut Ice Cream		120 gm ———	249
Matcha (green tea) Ice	Cream	120 gm ———	299
Goma Ice Cream		120 gm	329
	am, freshly made with black sesame see	•	
Japanese Cheesecake		100 gm	379
Orange Chocolate Cake	-	120 gm	249
	e (@)	· ·	
Truffle Chokoreeto	e (@)	110 gm ———	369
		110 gm	





beverages 飲料

Fresh Juice (Seasonal, ask for today's special)	200ml — 199/299
Soft Drinks	95
Non Alcoholic Beers	249
Kombucha	225
Mineral Water / Alkaline Water	MRP
RedBull	215
Fresh Lime Soda/Water (Sweet / Salted)	200ml 129

Please request for our Sencha tea with or after meals, at no charge

Ask our team about specials of the day

Our food is mildly spiced, in keeping with Japanese tradition and takes some time to cook

We thank you for your patience

All prices are in INR and exclusive of GST

Bento B - Japanese Diner G-08, Ground Floor, Retail Plaza, One42, B/H Ashok Vatika, Off Ambli Bopal Road, Ahmedabad 380058

Phone: 9727002978 | Email: bentob@42point1.com | Website: www.bentob.in

We are in Vadodara, too! @/bentob.india



We are happy to let you know that Bento B has been certified as an authentic Japanese Food and Ingredient Supporter establishment (No.6095) jointly by the Food Industry Affairs Bureau of the Ministry of Agriculture, Forestry and Fisheries of Japan, and Japan External Trade Organization. We are the first in Gujarat and among only about 50 in all of India to successfully receive this certification.





Summer it up with our sushi menu and enjoy an assortment of authentic and contemporary maki, nigiri and our newest sushi bake offerings. All our sushi are served with gari (pickled ginger), wasabi (made milder for the Indian palette) and soy sauce.

maki マキ

Avocado Cream Cheese Roll & spieces 629

Avocado and cream cheese rolled into a maki. Jain friendly

Green Beans Tempura Roll 8 pieces 629

Green bean Tempura rolled into a maki. Jain friendly

Dragon Roll & Spieces 649

Cucumber and ripe avocados encased within a maki roll.

California Roll & S pieces —

California Roll (*) (*)

The classic American sushi with avocado, cucumber and sesame seeds. Jain friendly

Oshinko Roll 8 pieces — 59

Japanese pickles rolled into a maki preparation

Bento B Special 8 pieces ______ 699

Made with Mamenori (soy bean paper) instead of the traditional seaweed. Each roll contains green beans tempura, oshinko and avocado.

Maki Boat 16 pieces 99

A full platter of our guests' favourites. Includes Avocado cream cheese, Green Beans tempura, California, and Oshinko rolls.

Maki Boat 32 pieces — 1959

A full platter of our guests' favourites. plus more pieces of Bento B special



A contemporary take on the Japanese staple, a sushi bake is a sushi roll baked in a casserole, served with a side of nori sheets. Eat it directly from the plate or scoop it with a nori, much like a taco. All our sushi bakes are topped with sesame seeds, spiced and plain mayo

sushi bake 寿司ベイク

Avocado	100gm	 449
Takuan	100gm	 429
Cucumber	100gm	 429



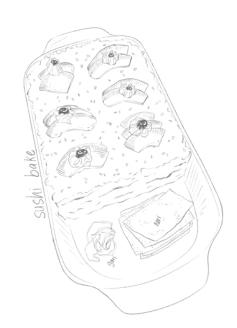
Not a big fan of sushi rolls? Try our nigiri preparations that combine a pillow of vinegered rice with different toppings.

nigiri にぎり

Avocado Ripe and soft avocado handere	(8 pieces ——— n friendly	— 679
Takuan Nigiri prepared with sweet and radish for a sharp flavour	tart slices of pickled	8 pieces	— 579
Shiitake Mushroom Nigiri prepared with flavourful mushrooms for an added oom	sweet shiitake	8 pieces	— 629
Mango (Seasonal) Summery and delicious, this is made with the king of fruits, m	, , , ,	8 pieces ul nigiri,	— 599
Nigiri Boat Can't decide which one to pick? above, 4 of each.	Try any three of the	12 pieces	— 999

Tamago & O S pieces 669

Nigiri with a delicate omelette rolled on top



Indulge in the exclusive and unique flavors of Korea and Japan with our carefully curated selection of vibrant delicacies. From the hearty allure of Bibimbap and Jajangmyeon to the comforting charm of Ume Chazuke and Nabe Yaki Udon, each dish is a one-of-a-kind celebration of these rich culinary traditions.

Bibimbap / Bibimbap with Egg

A classic Korean dish meaning "mixed rice". Served with blanched vegetables like carrot, zucchini, spinach, mushroom, and kimchi, alongside Gochujang sauce and

Jajangmyeon

A hearty noodle dish with potato, onion, zucchini, and cabbage, coated in a savory, thick black bean sauce.

Kimchi Bokkeum Bap

Spicy and flavorful fried rice, tossed with kimchi and spring onions.

Jjolmyeon Noodle Salad

A refreshing noodle salad with a mix of carrot, cucumber, apple, iceberg lettuce, and cabbage. Light and tangy with a satisfying chew.





380gm 349

380gm 279



450gm -

200gm

699

- 399



Steamed Rice served with Vegetables and Grilled Tofu in Teriyaki Sauce. Alongside, Miso Soup, Fruits and Potato

Tofu Kushiage

Fried Tofu and Bell Peppers served with a Creamy & Sweet Dip.

Ume Chazuke (🔊

Steamed Rice with Pickled Plum soaked in Sencha Tea broth. Alongside, Fruits, Potato Salad and Condiments.

Nabe Yaki Udon 😡

Udon Noodles, Tangy broth with Vegetable Tempura. Alongside, Rice, Fruits and Potato Salad (Egg optional).

Family Hotpot

Miso Broth, Vegetables, Tofu & Glass Noodles (Jain on request).

350gm 499

800gm -699

800gm -849