

m
e
n
u

ooo
ooo
ooo
BENTO B
JAPANESE DINER



メニュー



SOUP

スーパ

Miso Soup

170ml



₹229

Miso (fermented soy) broth, wakame, green onions, tofu

Dumpling Soup

170ml



₹299

Handmade dumplings with broth

with chicken



₹319

Seafood Miso

200ml



₹369

Miso broth, prawns, fish of the day



Agedashi Tofu

240g



Delicately fried silken tofu, ginger, scallions in a tempura sauce

Vegetarian ₹379



Non Vegetarian ₹399

Cooked with bonito (fish) flakes

Gyoza

220g



Vegetarian ₹349



Non Vegetarian ₹399

Minced chicken stuffing



Vegetarian



Non Vegetarian



Gluten Free















Jain Friendly




Vegan



Contains Egg

			
<i>Kakiage Tempura</i>	200g	<i>Edamame</i>	150g
A melange of ingredients, fried in a seasoned tempura batter		Japanese soy beans	   
<i>Shredded Vegetables</i>	 ₹369	<i>Spiced and Pan Grilled</i>	₹319
<i>Seafood</i> Prawns, Salmon or Ika (cuttlefish)	 ₹469	<i>Salted and Steamed</i>	₹319
<i>Spicy Prawn Tempura</i>	 ₹429	<i>Warm Mushroom Salad</i>	
<i>Tori nu Karaage</i> Fried boneless chicken	  ₹399		
		Mushroom and assorted vegetables served on crunchy lettuce	
<i>Japanese Potato Salad</i>		<i>Vegetarian</i>	  ₹319
		<i>Non Vegetarian</i>	  ₹369
<i>Mashed Potato</i> With creamy Mayo			
<i>With boiled eggs</i>			



S

u

s

h

i

巻き寿司

Summer it up with our Sushi menu and enjoy an assortment of authentic and contemporary maki (rolls). All our sushi are served with gari (pickled ginger), wasabi and soy sauce

まきずし

<div>Avocado cream cheese maki</div> <div>Avocado, cream cheese</div>	8 pieces	<div> <div></div> <div></div> <div></div> </div>	₹669
<div>Green beans tempura maki</div> <div>Tempura stuffed with green beans</div>	8 pieces	<div> <div></div> <div></div> <div></div> </div>	₹549
<div>California maki</div> <div>Avocado, cucumber, sesame seeds</div>	8 pieces	<div> <div></div> <div></div> <div></div> <div></div> </div>	₹599
<div>Oshinko maki</div> <div>Japanese pickles</div>	8 pieces	<div> <div></div> <div></div> <div></div> </div>	₹579
<div>Sushi boat</div> <div>All four vegetarian maki</div>	16 pieces	<div> <div></div> <div></div> <div></div> <div></div> </div>	₹1029
<div>Tekka maki</div> <div>Raw Tuna</div>	8 pieces	<div> <div></div> <div></div> </div>	₹779
<div>Ebi tempura maki</div> <div>Fried Prawn</div>	8 pieces	<div> <div></div> </div>	₹779



NIGIRI

Not a big fan of maki? Try our nigiri preparations that combine a pillow of vinegared rice with different toppings

Avocado	8 pieces	   	₹699
Shiitake Mushroom	8 pieces	  	₹719
Tuna	5 pieces	 	₹799
Salmon	5 pieces	 	₹799
Hamachi	5 pieces	 	₹799
Maki/ Nigiri Boat Maki - 4 pieces each of Chicken, Prawn, Salmon or Tuna Nigiri - 3 pieces each of Hamachi, Salmon and Tuna	12 pieces/ 9 pieces	 	₹1299
Sashimi Platter 3 pieces each of Salmon, Tuna and Hamachi	9 pieces	 	₹1599



弁当


A Bento Box is a home-packed family meal (or tiffin) of Japanese origin. Outside Japan, it is common in Chinese, Taiwanese and Korean cuisines, as well as in South Asian cuisines. A traditional Bento contains rice or noodles, often with pickled and cooked vegetables in a box. Containers are hand-crafted lacquerware and Japanese homemakers often spend time and energy on carefully prepared box lunches for their spouses, children or themselves














べんとう

Yaki Udon Bento Yoki udon noodles, tempura, potato salad, teriyaki eggplant	600g	  	₹719
Teppanyaki Bento Garlic rice, gyoza, avocado salad, pickled radish	600g	  	₹719
Tori Karaage Bento Boneless fried chicken, Hiyyayoko (chilled tofu in soy broth), steamed rice	600g	 	₹819
Ebi Tempura Bento Fried prawns, potato salad, Agedashi tofu, steamed rice with tempura sauce	600g		₹899
Buta Shogayaki Pan grilled pork belly, mushroom salad, steamed rice	600g	 	₹949



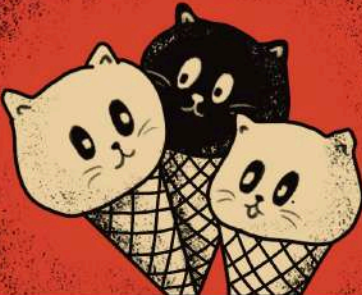








All our Bento Boxes are served with miso soup, pickles and cut fruits



				Donburi are filling rice bowls. We serve all our donburi in a kaiseki plate with miso soup, pickles and cut fruits	
Tofu Yasai Don Steamed rice, sauteed vegetables, tofu		   	500g	₹619	
Ebi Tendon Steamed rice, fried prawns, teriyaki sauce			500g	₹769	
Tori Katsu Don Steamed rice, chicken breast katsu, our chef's special katsu sauce, poached egg		 	500g	₹769	

					
Kimchi Ramen Ramen noodles, kimchi, Bok choy, mushrooms, spring onion		 	400g	₹619	
		 	Add Chicken	₹669	
Miso Ramen Ramen noodles, vegetables, miso broth		  	400g	₹619	
		 	Add Chicken	₹669	
Tonkotsu Ramen Ramen noodles, vegetables, pork slices, miso broth		 	400g	₹679	

					
Yaki Udon Noodles Sauteed vegetables with Yaki Udon / Soba Noodles		  	400g	₹469	
			Eggs / Add Chicken or Prawns	₹489 / ₹569	
Cold Soba Noodles Cold Soba served with a strong mirin, sake and soy sauce		   	250g	₹419	
Japanese Fried Rice The classic fried rice with vegetables, prepared in a traditional and non-spicy way		   	280g	₹319	
			Add pan grilled chicken	₹399	
			or prawns	₹499	

 		
Grilled sea bass A filet of sea bass with seasoned vegetables	250g	 
Tare (Teriyaki sauce preparation)		₹649
Shio (plain salted preparation)		₹579

  <div>All our ice creams are homemade</div>		
Goma ice cream	Black sesame	  
Matcha ice cream	Green tea	  
Tempura ice cream	Vanilla in a tempura	
Japanese cheesecake	Fluffier and lighter than the American cheesecake 	₹379

 		
Fresh juice	Ask for today's special	₹199
Soft drinks/ Energy drink		₹99 / ₹249
Non alcoholic beer		₹249
Kombucha		₹225
Mineral Water		MRP



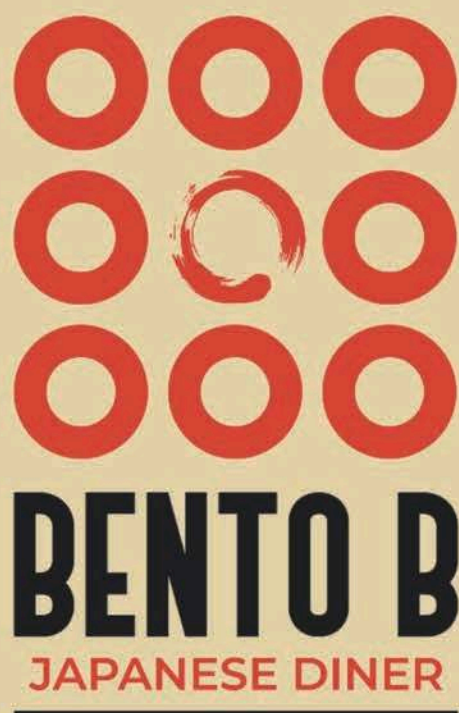
Our food is mildly spiced and takes some time to cook. We thank you for your patience. All prices are in INR and exclusive of GST.





Katsu Curry Rice	Vegetarian Non Vegetarian	<div><div></div><div></div></div> 卍	₹649 ₹749
Curry Udon/ Soba	Vegetarian Non Vegetarian	<div><div></div><div></div></div>	₹499 ₹549
Omu Rice	Chicken/Pork	<div><div></div><div></div></div> ㊦	₹599/₹629
Vegetable Tendon	Vegetarian	<div><div></div><div></div></div> 卍	₹649
Stir Fry Mushroom Basil Rice Noodles	Vegetarian Non Vegetarian	<div><div></div><div></div></div> 卍 <div><div></div></div>	₹499 ₹549
Maguro Otoro Donburi	Non Vegetarian	<div><div></div><div></div></div> 卍	₹799
Creamy Miso Ramen	Vegetarian Non Vegetarian	<div><div></div><div></div></div> 卍 <div><div></div></div>	₹649 ₹699





Phone : 75748 21077 / Email : bentob.baroda@42point1.com
Website : <https://bentob.in/>